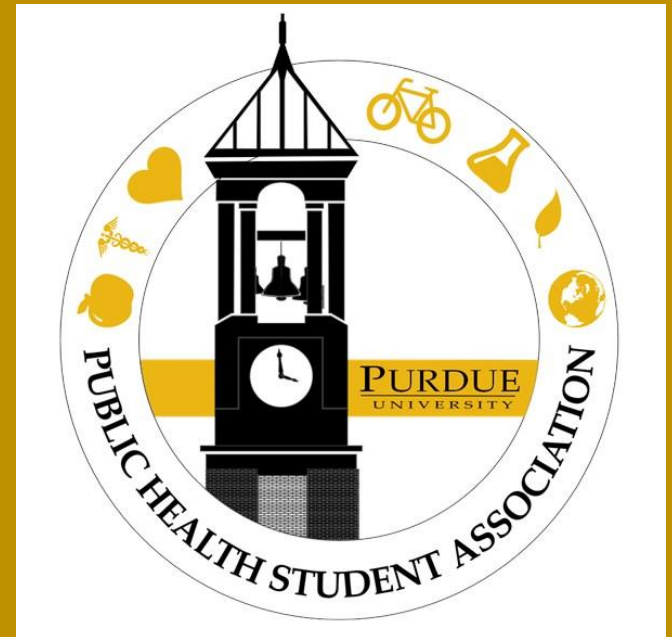


PUBLIC HEALTH STUDENT ASSOCIATION

October 19th, 2016



Get-To-Know-You Activity

EVENT RECAP

- CCO Job Fair Presentation
 - valued skills, why attend?, what to do before, during, & after, elevator pitch
 - CCO resources
- Walk to End Alzheimer's
 - Shout-out to Maddie, Lisa Krista, and Lauren!
- Potluck



NEED HELP WITH...?	SERVICE	TIMES
<ul style="list-style-type: none"> • Resume, CV & Cover Letter • Internship & Job Search Strategies • myCCO Account • Grad School Plan • Exploring Professional Careers such as Med/Law School • Personal Statement • Career Closet (more info) 	Drop-in (15 mins)	Monday - Friday 10:00am - 4:00pm
<ul style="list-style-type: none"> • Choosing or changing your major • Developing a career plan • Job Search Strategies • Considering and exploring graduate school 	Appointment (60 mins) Schedule an appointment here	Monday - Friday 9:00am - 4:00pm
<ul style="list-style-type: none"> • Exploring Professional Careers including law, med, dent, vet & other health careers • Preparing for professional fields • Navigating the application process: aptitude tests, personal statements, competitiveness, choosing schools, recommendation letters, and interviews 	Appointment (30 mins) Schedule an appointment here	Monday - Friday 8:30am - 4:30pm
<ul style="list-style-type: none"> • Peer Mock Interview-Undergraduates (offered during the academic year only) 	Appointment (30 mins) Schedule an appointment here	Monday - Friday 10:00am - 4:00pm
<ul style="list-style-type: none"> • Mock Interview-Graduates 	Appointment (60 mins). Before calling 765.494.3981 to schedule a mock interview, you must record a practice interview on Big Interview .	Monday- Friday 9:00am - 4:00pm

CCO.purdue.edu/services

UPCOMING EVENTS

- Point of Dispensing Exercise- Medical Reserve Corps of the Tippecanoe County Health Department and Purdue Nursing students
 - November 10th 3:30-4:15 at the CoRec
 - There will be a scenario that there has been an anthrax attack. Nursing students will be primarily running the exercise, and volunteers will act as “patients” going through the POD. Patients will be receiving the appropriate “antibiotic”. You will be provided forms/cue cards.
- Lafayette Lutheran Urban Ministry Christmas Jubilee
 - December 10th, 3-6PM
- Holiday Party

UPCOMING EVENTS

- **Lafayette YWCA**
 - Every Tuesday & Thursday- Tutoring 6-7:30PM
 - Child Care: M-F 6-7:30PM
 - Group projects: cleaning, sorting donations, etc. always needed
 - Long Term: Domestic Violence Hotline
 - Anytime of day
 - Requires 20 hours of training (16hrs of shadowing)

Contact Becky: rwellner@ywcalafayette.org if interested!

SERVICE LEARNING GRANT

- We have applied for the grant and will know by the end of the month!
- Our plan:
 - To host 2-3 panels throughout the school year consisting of both Purdue faculty and community health professionals
 - We can have diverse panels or have each panel be a specific theme
 - We hope to have one panel this semester

PARTICIPATION

- **Current Leader in Participation Points- Lisa!**
 - Attending meetings (1)
 - Attending events/ volunteering opportunities (2)
 - Participating in the social media campaign (2)
 - Writing a blog post (3)

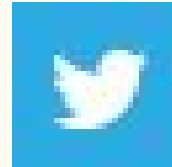
***Top 3 highest points will win a gift from the University Bookstore! (\$25 value)**

Halloween and Thanksgiving Social Media Campaign

Share a tip on how you stay motivated to keep up your physical activity when it gets cold out/during the holiday season!

Share a tip on how you maintain a balanced diet during Halloween and Thanksgiving!

Share these with PHSA on our Facebook page ([Purdue Public Health Student Association](#)) or tweet ([@purduePHSA](#))



PUBLIC HEALTH SPOTLIGHT: Mental Health

**Mental Health for All by Involving All | Vikram Patel |
TED Talks**

<https://youtu.be/yzm4gpAKrBk>

National Alliance on Mental Illness
Mental Illness Awareness Week

URGENCY FOR IMPROVEMENT

- Suicide is at the top of the list of the leading causes of death of youth in all countries
- Mental illnesses account for roughly 15% of the total global burden of disease
- World Health Organization (WHO) estimates 4-500 million people living w/ a mental illness on our planet

DISCUSSION QUESTIONS

1. Why do the vast majority of those suffering a mental illness not receive proper care?
2. How do we get rid of the stigma associated with mental illness?
3. How do we bridge the gap between the knowledge we have that can transform lives and how we actually use it?

T-SHIRT PICK-UP

Wednesday, October 26th

Monday: 2:30-3:30

Wednesday: 11:30-1:30

Thursday: 2:00-3:00

Friday: 12:30-1:30

Krach | Room 230 | Desk #7

Meeting #4

Monday, 12/5

12:30 PM

STON 144