

Public Health Student Association

March 24th, 2017



Agenda

- Updates/Upcoming Events
- Elections
- Public Health Spotlight

Volunteer Opportunities

- HOPES (Health Outreach Project Events Series) is part of a greater project known as HEART (Health Education and Empowerment Advocacy Resource Team) created by IU School of Medicine Students in Lafayette.
- Bi-monthly health clinic in the area, Saturday's 10-2 to meet the needs of disadvantaged & underserved via free access to health and wellness services.
- Public health students would help with teaching classes at the clinic about healthy behaviors to community members & classes on behavior change and cultural awareness in healthcare to other students.

Questions: Contact Sydney Rivera - rivera60@purdue.edu

Passionate about providing healthcare and health education?

HOPES CALLOUT

HOPES is an interdisciplinary outreach clinic geared towards providing primary care and education to underserved communities in the Greater Lafayette area. We welcome students from all disciplines and all levels of training!



FEATURING

DR. CHUCK DIETZEN

FOUNDER, TIMMY FOUNDATION

WEDNESDAY MARCH 1ST

7:30PM

LYNN HALL ROOM 1136

Pizza will be provided



Please RSVP using the following link

https://purdue.qualtrics.com/SE/?SID=SV_25IsbP054atCRAp

- 1 hour/week commitment
- Choose your own time
- Choose from 3 different long-term care facilities in the area



WALKING WITH WISDOM

**A WALKING BUDDY PROGRAM TO
INCREASE MOBILITY IN ELDERLY
POPULATIONS**

Providing security and companionship to increase walking and improve quality of life.

**Adopt a buddy
to walk with
regularly**
**Lead group
exercise
classes**
**Assist a buddy
on group field
trips**

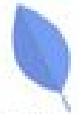
CONTACT:
Katie Krempp
kkrempp@purdue.edu





Previously known as Springification & Boiler Blast...

Spring Blast



Saturday, April 1st, 2017



Wave 1- 8:30-11:30 // Wave 2- 9:30-12:30

Support the Greater Lafayette community through
service by "Springifying" homes!

**INDIANA
NATIONAL
GUARD**

**CIVIC ENGAGEMENT &
LEADERSHIP DEVELOPMENT**

Volunteer • Make a Difference • Connect

Register at: springblast.org

Under "Organization or
Group Name" write PHSA.

Remaining Semester Events

1. Public Health Careers Panel- **Feb. 23rd @ 5:30PM** in ARMS 3115
Madison - mprzydzi@purdue.edu
2. Public Health Symposium- **March 23rd** in ARMS 3115
Meredith - mcervi@purdue.edu
3. National Public Health Week Relay Race- **Friday, April 7th 5-7PM**
Elizabeth - wolffe@purdue.edu & Hannah letts@purdue.edu
4. Spring Fest- **Saturday, April 8th 10AM-4PM**
Danelle - drolle@purdue.edu

Thank you for your help in planning!



Elections: 2017-2018 School Year

If interested:

Please send me a brief description about your motivation and qualification for the position you choose to pursue. *You may apply for more than one position.*

Voting will be open **online** Monday, April 3rd- Sunday, April 9th

President

Eligibility:

- Master of Public Health Student

Responsibilities include:

- Oversee all organization activities
- Ensure adherence to all university policies (Workshops)
- Serve as the official point of contact for the organization
- Plan & run all meetings (club-wide and officer)
- Send out meeting reminders
- Serve on the PHGP Executive Committee

Vice President

Responsibilities include:

- Fulfill presidential duties in the president's absence
- Coordinate service & volunteer opportunities for club members

Social Chair

Responsibilities include:

- Send out invitations & reminders via social media
- Manage social media accounts
- Develop social media initiatives
- Provide event recaps during club meetings
- Bring food to meetings and events

Treasurer

Eligibility:

- Graduate Student

Responsibilities include:

- Ensure adherence to all university policies for student organization money management (workshops)
- Develop a budget for club expenditures
- Track club expenditures
- Be contact person between organization and BOSO (Business Office for Student Organizations)

Secretary

Responsibilities include:

- Record club meeting minutes and post to Google Drive & website
- Review previous minutes during club meetings
- Reserve rooms for meetings & events

All Officers

- Attend all officer meetings, club meetings, & events
- Help plan & promote club events
- Hold weekly officer hours in KRACH
- Post to blog & social media accounts when necessary

Public Health Spotlight – Internet/Video games vs. Drug Addiction



Discussion Questions

First Article: Are Teenagers Replacing Drugs with Smart Phones?

Small Group Discussion:

- First thoughts?
- Do you agree with this theory? If not, what are some other possible reasons for the decline in youth drug use?
- What are your memories of school drug prevention programs?
 - Did you have positive or negative experiences?
 - Do you think schools or government programs can utilize the internet/video games for further drug prevention?

Discussion Questions

Second Article: *Why We Can't Look Away from our screens*

Small group Discussion:

- This article talks not only about technology addiction, but general behavioral addictions, stating that 41% of the U.S. population has at least one addiction. Is this a great cause of concern? Or has it become normalized?
- Thinking of the first article, is a drug addiction similar to an addiction to technology? If not, when do they become comparable?
- In the public health world we encourage people to spend time off technology, exercising, or being outside, for physical and mental health benefits, but is there any part of technology addiction that is neglected in discussion? If so, how can this be improved?
- Is technological addiction inevitable and unavoidable? What does this mean for the future of our general health?

Up Next

NPHW Relay

Friday, April 7th

5-7PM

Spring Fest

Saturday, April 8th

10-4PM Lyles-Porter Hall

