

# Public Health Student Association



**Welcome Back!**

January 20, 2017

# Fall Semester Recap

- Introduced Participation Points (prizes for attending meetings, events, volunteer opportunities, writing a blog post)
- CCO Presentation on Job Fairs
- Walk to End Alzheimer's, October 1
- YWCA Volunteering (If you are interested, contact Madison)
- Potluck Social Event
- Point of Dispensing Exercise Volunteering
- Lafayette Urban Ministry Christmas Jubilee
- Health Careers Panel
- Holiday Party



# Participation

## You will receive points for:

- Attending meetings (1)
- Attending events (2)
- Participating in volunteering opportunities (2)
- Helping out with events/serving on a committee-preparing, planning, facilitating (3)
- Participating in the social media campaign (2)

**Member with the most points will win a prize!**

**Fall semester winner: [Lisa Sciacca](#)**

## Receive a T-shirt for:

- Leading a Public Health Spotlight
  - 2 spots open!

## Receive a Purdue coffee mug for:

- Writing a blog post on the PHSA website
  - <http://purduepublichealth.weebly.com/> for examples



# Plans for Spring

1. Public Health Careers Panel- **Feb. 23<sup>rd</sup> @ 5:30PM** in ARMS 3115  
Madi- [mprzydzi@purdue.edu](mailto:mprzydzi@purdue.edu)
2. Public Health Symposium- TBD- **Week of March 20<sup>th</sup>**  
Meredith- [mcervi@purdue.edu](mailto:mcervi@purdue.edu)
3. National Public Health Week 5K- **April 1<sup>st</sup>**  
Elizabeth- [wolffe@purdue.edu](mailto:wolffe@purdue.edu) & Hannah [letts@purdue.edu](mailto:letts@purdue.edu)
4. Spring Fest- **April 8<sup>th</sup> or 9<sup>th</sup>**  
Danelle- [drolle@purdue.edu](mailto:drolle@purdue.edu)

**\*We need 5 people to be on both the 5K and Spring Fest Committee!**

**\*Please send any ideas for panelists/symposium presenters to us!**



# HOPES- Semester Volunteering Opportunity

- HOPES (Health Outreach Project Events Series) is part of a greater project known as HEART (Health Education and Empowerment Advocacy Resource Team) created by IU School of Medicine Students in Lafayette.
- Bi-monthly health clinic in the area, Saturday's 10-2 to meet the needs of disadvantaged & underserved via free access to health and wellness services.
- Interdisciplinary involvement from public health, pharmacy, nutrition, etc.
- Public health students would help with teaching classes at the clinic about healthy behaviors to community members & classes on behavior change and cultural awareness in healthcare to other students.

Want to volunteer? [Contact Sydney Rivera- rivera60@purdue.edu](mailto:rivera60@purdue.edu)

**Info & Inspiration Session on Wednesday, February 8<sup>th</sup>-Time & Location TBD**

# Purdue Journal of Service Learning and International Engagement (PJSI) Invitation to Write

- Write article for publication based on our community engagement project (Public health careers panel & symposium)
- Abstract due Feb. 1<sup>st</sup>

Contact me, [letts@purdue.edu](mailto:letts@purdue.edu) if interested!!!



# Social Media Focus- Physical Activity

Post anything you want about physical activity on any of our social media sites!

Examples of what you can post:

- How to stick to New Year's resolutions
- Your favorite exercises
- What physical activity does for you (i.e. physical and mental)

Post on twitter or Instagram @ [purduePHSA](#) or on our Facebook page [Purdue Public Health Student Association!](#)



# Public Health Spotlight – Affordable Care Act Repeal





# Discussion Questions

1. What are some possible problems that will arise with the repeal of the ACA?
2. What are your thoughts about the congress not having a replacement plan?

# Discussion Questions

3. If you were president, what would be some characteristics of the “perfect” healthcare system you’d create?
4. Is it possible for everyone to have equal access and an equal quality of healthcare?

# Discussion Questions

5. Are there ways public health professionals can intervene and help people obtain necessary healthcare? Or does policy overpower? If we can help, how so?

# Up Next

## Next Meeting:

Wednesday, March 1<sup>st</sup>

10:30AM STON B-2

## Public Health Careers Panel:

Thursday, February 23<sup>rd</sup>

5:30PM in ARMS 3115

